



Temporary Crown Care Instructions

Congratulations! You are in the process of benefiting from the **finest restorations known to man** to restore your smile to ultimate function and beauty.

Temporary crowns are necessary because, at Jackson Creek Dental Group, we want to **create the finest restorations possible today**. We will do a color match to make sure the crown matches the color of the surrounding teeth. Then, over the next few weeks, our lab will create a custom piece of art just for you with much time, hard work and passion.

The **temporaries protect your teeth**, preventing them from becoming sensitive from bacteria, hot and cold and biting forces. Teeth will move, even in 3 weeks, if not held in their present position with the temporary. If the teeth move, the permanent crown will not fit and many times would have to be remade. Of course, this is not acceptable for you or us.

With this in mind, here is a list of home care instructions for your new temporary crowns:

1. **Eat with care** on the side with the temporary crowns.
2. Be very cautious of **hard or sticky foods**. These can cause your temporary to come off or break.



3. If your temporary crown does **come off**, try to place it back on the tooth/teeth with toothpaste, Vaseline, or denture adhesive and **call Jackson Creek Dental Group immediately**. If the crown breaks, call immediately so that it can be repaired or remade.

4. Be sure to **brush and floss thoroughly** – this will maintain good health of your teeth and gums, and will ensure that the area will heal quicker.

5. When flossing your temporary crown, be sure to **pull the floss through** the side, do not pull the floss toward the biting surface – this could cause your temporary to come out and you will need to call Jackson Creek Dental Group immediately.

6. Your gums may be sore because most of the time when a tooth needs a crown, the damage is below the gum line. You may **rinse with warm salt water** (recipe- ½ teas. salt in 1 cup warm water). Rinse for the next 3-4 days to soothe tissue.
7. If you are **experiencing pain** while just closing your teeth together, **you could have a high spot**. You will want to call Jackson Creek Dental Group in order to have this adjusted. This problem will not just go away, it will only get more painful.

We realize that your **time is valuable** and these instructions will help you minimize your time in the dental chair. **Thank you** for helping us help you.

