



Jackson Creek Dental Group
Smiles for Life

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Implant-Retained Dentures A New Alternative to Conventional Dentures

Implant supported dentures have greater stability, comfort, bite force and chewing efficiency for soft and hard foods than conventional dentures. Reduced tissue irritation and decreased bone loss are also reported, along with a new found confidence for eating, speech and **laughter**. Most patients say they can now **“eat anything”** again!



Other positive outcomes of having implant-retained dentures include:

- Improved appearance and self-esteem
- Stability of the denture during eating
- Social interactions accomplished with greater confidence
- Improved oral health
- A feeling close to that of your natural teeth
- Increased denture comfort
- Less food seepage under the denture
- Increased preservation of bone
- Decreased gum tissue shrinkage
- Elimination of sores spots in mouth
- No more denture creams or adhesives

Patients with conventional dentures often come to us with **complaints about looseness and instability** of their dentures making them feel insecure about wearing them. When dentures have been worn for a long period of time the bone that supports and retains them tends to reabsorb (erode) and the dentures do not fit the same and become unstable. They tend to move and eating certain types of food becomes extremely difficult. Now there is a new alternative - **implant-retained dentures**. The implants **“lock down”** the denture making it more secure and comfortable, alleviating these problems.

Implant-retained dentures are dentures held in place with dental implants (**root replacements**). The process starts with having small titanium implant anchors that will support the denture placed directly in the jawbone, like roots of natural teeth. This procedure can be **done painlessly** under local anesthetic. Once the implants are placed they provide a stable and reliable anchor. The male coping is fitted on them and the female parts of the implant are fitted to the new denture. The denture is then snapped in place and the process is complete, making the denture more secure and comfortable for the patient. The patient is now able to eat a normal diet without fear of the denture moving around.

Implants are very affordable and should last a lifetime. Also, bone loss is stopped in the area of the implants, but can still continue in the area behind the implants. While implants are increasingly popular they are not appropriate for everyone. You need to have healthy gums and a sufficient thickness of jawbone to allow the implants to be fitted correctly.

If you have any questions regarding implant-retained dentures, please let one of our staff members know and we will ask one of our dentists to talk with you.

Advanced Comprehensive Dentistry & Orthodontics

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